



For better
mental health

Affiliated Local Association



Community
Legal Service



Thurrock Mind

Administration
152 Bridge Road, Grays
Essex, RM17 6DB
Tel: 01375 391411
Fax: 01375 389793

Email: reception@thurrockmind.org.uk

REFERRAL FORM

Please indicate service required:

- Counselling/Groupwork**
- Day Services:**
- Community Bridge Builders
 - Drop-In and Groups
 - Befriending
- Advocacy**
- Older Persons Advocacy**

Name:	Date of Birth:
Address:	Telephone Nos.
Postcode:	Home :
	Work:
	Mobile No:
Working: Yes <input type="checkbox"/> No <input type="checkbox"/>	Privacy Required: Yes <input type="checkbox"/> No <input type="checkbox"/>

Care Co-ordinator:	Telephone No:
G.P.	Telephone No:
Other Professionals involved:	

Next of Kin / Significant Person (to be contacted in an emergency or if unwell):	
Name:	Relationship to Client:
Address:	
Postcode:	
Contact Telephone No:	Mobile No:

Thurrock Mind - Company Limited by Guarantee
Registered in England and Wales, Registration No: 5256793, Registered Charity No: 1106452
Registered office: 152 Bridge Road, Grays, Essex, RM17 6DB

Is the client aware of this referral

Yes

No

Any specific areas, cultural, language or religious considerations?

Reasons for referral:

Relevant background information:

Befriending Scheme Only: In view of the fact that volunteers will be unaccompanied when meeting clients and possibly entering clients' homes, please comment on any challenging or aggressive behaviour or other problems likely to be encountered in order that an assessment of risk can be made:

Indicators / triggers to client becoming unwell:

Has the client any history of aggressive or violent behaviour to self or others?

--

Is this client likely to become aggressive / violent?

--

Please specify other services used by the client e.g. clubs:

--

For Counselling referrals only (please indicate service required)	
One to One Counselling	
Brief Cognitive Behavioural Therapy	
Bereavement Support	
Stress Management Group	
Confidence & Assertion Group	
Relaxation Group	
Anger Management Group	

Befriending, Advocacy & Day Services referrals only	
Is the client happy for the Project Manager to contact them directly:	
Yes <input type="checkbox"/>	No <input type="checkbox"/>

Referring Name:		Agency:	
Address:			
Postcode:		Telephone No:	
Date:	Signature:		

Copy of Care Plan enclosed Yes No

Copy of Risk Assessment enclosed Yes No

PLEASE ATTACH A COPY OF THE CURRENT CARE PLAN AND RISK PROFILE IF AVAILABLE

For Office Use only:	
Date received:	Signed by all parties: Yes / No
Name:	Signature:
Documents received:	CPA <input type="checkbox"/> Risk Profile <input type="checkbox"/>